



GENDER SENSITIZATION ACTION PLAN
PUB KAMRUP COLLEGE
Baihata Chariali, Assam
2023-24

1. INTRODUCTION

Pub Kamrup College always believes the statement made by Gloria Steinem - *"A gender-equal society would be one where the word 'gender' does not exist."* Gender is a concept that is used in numerous ways to practice discrimination, oppression and repression in the public and the private sphere, at home, and the world; and ultimately to curtail freedom and equal opportunities to human beings based on their gender. The need of the hour is to end discrimination on the basis of gender, to ensure equality for all, and bring about a radical change in our society. To that end, gender sensitization is an endeavor that all concerned must strive towards with complete sincerity, with all tools and means available. Pub Kamrup College is sincerely committed towards achieving gender equity as a step forward towards a more egalitarian society.

2. WOMEN CELL

The Vision:

The Women Cell (WC) was constituted in Pub Kamrup College in 2003 with the objectives of:

- Empowering girl students through higher education and skill
- Create awareness about issues related to women
- To create awareness regarding women health and hygiene
- Spread knowledge about women's rights and privileges
- To create a gender sensitive workplace and facilitate the formation of an equitable world
- To orient male students to develop respect and sensitivity towards the women.

The Purpose:

WC strongly believes in strengthening the knowledge base of the students by creating awareness about socio-political, cultural, economic and legal matters encompassing the area of gender sensitization through diverse talks, counseling, mentoring, workshops, etc., targeted towards empowering women through facilitating knowledge about their issues and rights, legal redressal available to them, awareness about cyber security, information about support groups, self-defense expertise, and more. Such programmes enable and equip students to develop holistically and achieve emotional and psychological well-being, which in turn, promotes and supports academic growth and success.

The Activities:

The WC plans to organize various events in collaboration with the college societies such as NSS, Teachers Unit, Research and Development Cell, Students' Union, etc., as follows.

1. To organize awareness programme on issues related to women by inviting experts.

2. To organize Orientation Programme for the newly admitted Students to make them aware of purpose, constitution and annual action program of the Cell.
3. To organize awareness programmes on Issues Relating to Mental and Physical Health and Hygiene. According to the World health Organization (WHO) issues related to female health and hygiene need to be addressed strongly. Therefore, the Cell regularly organizes talks, workshops, discussions; street plays etc. on coping with mental stress and depression, metabolic syndrome, menstrual hygiene, early detection of breast cancer and arthritis, PCOS etc.
4. To organize Self-defense training programme for the female students.
5. To create awareness about Laws related to women in order to assist in stopping the violence's against women.
6. To empower women by providing career counseling and entrepreneurial skill.
7. To organize awareness programme, workshop, health camp, etc in neighboring areas to empower community's women.
8. To observe International Women's Day annually

Gender Equity initiatives undertaken during 2023-24

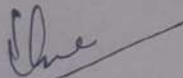
Observation of International Women's Day: Pub Kamrup College organized pre -celebration of International Women's Day on 7th March, 2024. The organizer of the Programme is the Women Cell of the College in collaboration with IQAC and NSS unit of the College. A special talk on the theme of Women's' Day is also carried on and Bamboo Lady of India Neera Sarmah, graced the occasion. A total of 131 participants enjoyed the programme and benefitted a lot.

- **National Girl Child Day:** Pub Kamrup College celebrated the National Girl Child Day, on 24th January, 2024. The programme is chaired by the Principal of the College, Dr. Bhupen Kumar Sarma. In the the programme our ex-student Debarshree Bhargav, ACS (Civil Servant) and Bijuma Begum, News Anchor, Assam First, News 10 were also felicitated. Students also interacted with Debarshree Bhargav. A total of 08 participants actively participated from the programme.
- **World Menstrual Hygiene Day:** The programme is initiated by Md. Ayez Ali, Programme Officer of NSS Unit of the College. In the programme, Dr. Hemasri Devi, member of both NSS unit and Eco Club introduce the Officials from Bihdia BPHC, Kamrup, Assam and it followed fruitful discussion awareness and to do's for the girl students. Here, the participants are from the nearby feeder schools of Pub Kamrup College. Number of participants were 90.
- **Self Defense Training Program:** A three month training course on self defence for girl students of Pub Kamrup College was organised by IQAC, Pub Kamrup College starting from 22/02/2024. A renowned physical instructor Miss Manisha Das (Taekwondo, Black Belt) instructed the students about the need and significance of self defence among the students. She trained the students with regard to different poses, techniques, mental alertness, physical strength in the programme. The programme was successful with 35 numbers of students of the college.
- **Training Program:** Pub Kamrup College Women Cell and the Centre for Career Guidance and Training organized a six day long training programme on Employability and soft Skill Development in collaboration with Mahindra pride Class room of Nandi Foundation. The programme was run with effect from 22nd august 2023 to 27th August, 2023. A total of 43

students participated in this event. From this programme the girls students learnt the skills and guidance required for getting employment and to empower with practical knowledge.

- **Lecture on Women Education:** Assamese department of Pub Kamrup College organized a lecture program on Women Education, Politics and Literature during Pre-independence Period in Assam on 4th October, 2023. Professor Anuradha Sarma, MIL department of Gauhati University delivered lecture as a Resource Person. A total of 67 students were participated along with a few teachers. The participants learnt how Assamese Women played active role in independence movement.
- **Volleyball Coaching to Girl Students:** Pub Kamrup College signed an MOU with the Royal Volleyball Training Centre, Baihata Chariali to provide coaching basically to female students of the College along with neighboring educational institutions. At present, Pub Kamrup College has been providing coach to around 60 girl students in its playground. As a landmark of this MOU, a Student named Prasturti Sarma has been selected for School National Volleyball Girls Game Under-17.
- **Events/ Competition for Female Students:** Pub Kamrup College organized events like Bridal Competition, Mehndi Competition specially for Girl Students during its annual youth festival. Besides, girl students have been given opportunity to participate by categorizing each event for boys and girls separately.

Signature of Principal


Principal
Pub Kamrup College
P.O. Baihata Chariali



Signature of Coordinator, IQAC

Coordinator
Internal Quality
Assurance Cell
Pub Kamrup College

Activities undertaken for Gender Equity during 2023-24

International Women's Day

Pub Kamrup College organized pre -celebration of International Women's Day on 7th March, 2024. The organizer of the Programme is the Women Cell of the College in collaboration with IQAC and NSS unit of the College. A special talk on the theme "Invest in Women: Accelerate Progress" was delivered by the Bamboo Lady of India- Neera Sarmah. A total of 131 participants benefitted from the programme.



National Girl Child day

Pub Kamrup College celebrated the National Girl Child Day, on 24th January, 2024. The programme is chaired by the Principal of the College, Dr. Bhupen Kumar Sarma. In the the programme our ex-student Debarshree Bhargav, ACS (Civil Servant) and Bijuma Begum, News Anchor, Assam First, News 10 were also felicitated. Students also interacted with Debarshree Bhargav. A total of 08 participants actively participated from the programme.



विकसित भारत अभियान
CELEBRATION OF NATIONAL GIRL CHILD DAY-2024
FELICITATIONS TO -

- * DEBARSHREE BHARGAV ACS (Civil Servant)
- * BIJUMA BEGUM, News Anchor, Assam First, অসম NEWS 10

Student Interaction with Debarshree Bhargav

ORGANIZED BY
NSS Unit, Pub Kamrup College
Baihata Chariali, Kamrup - Assam -781381



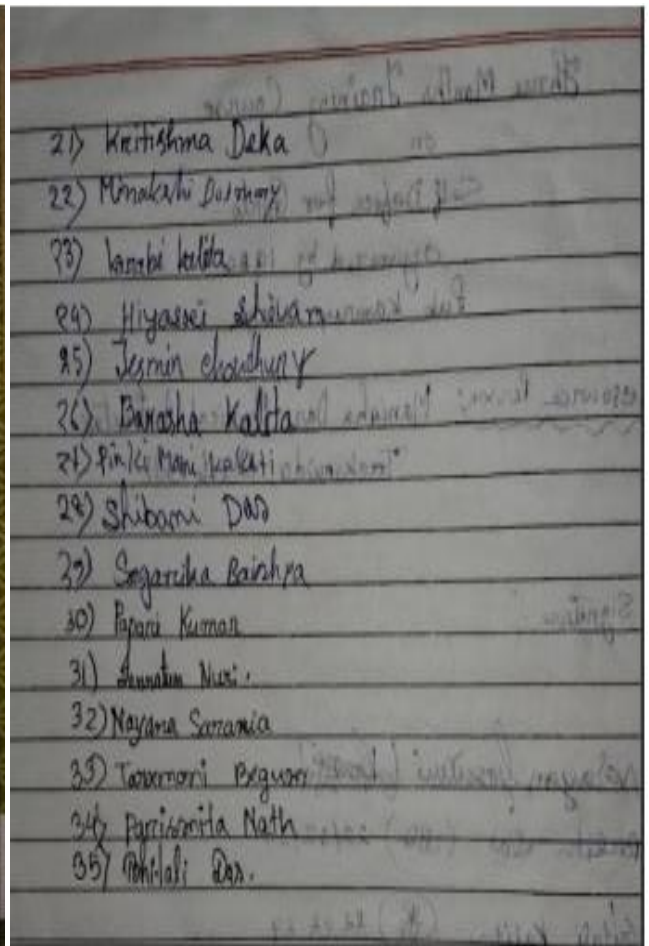
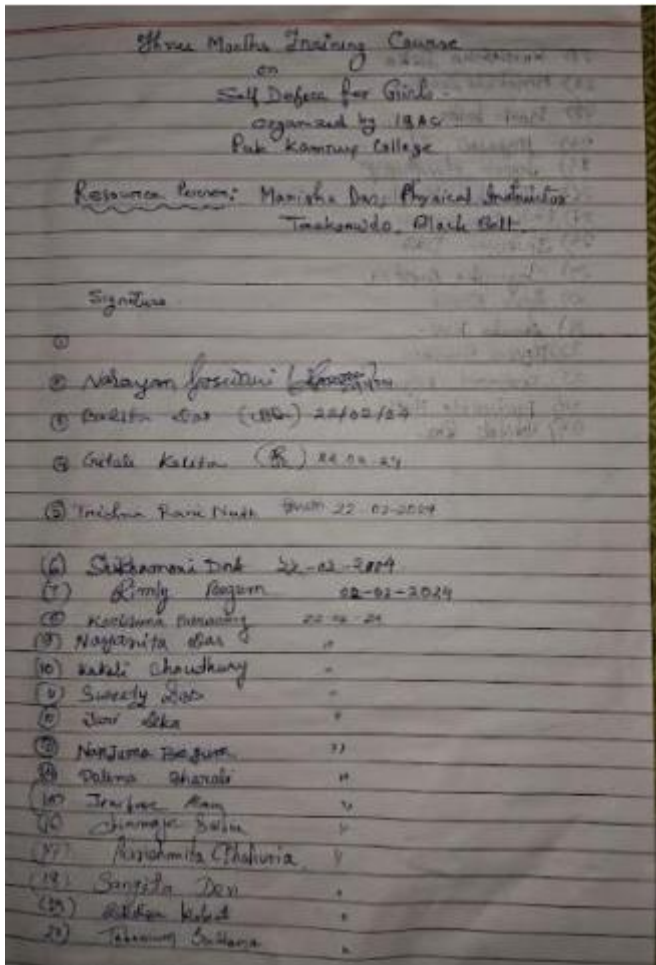
World Menstrual Hygiene Day

World Menstrual Hygiene Day, 2024 has been observed in Pub Kamrup College. The event was organized jointly by NSS Unit and Eco Club, Pub Kamrup College. The programme is initiated by Md. Ayez Ali, Programme Officer of NSS Unit of the College. In the programme, Dr. Hemasri Devi, member of both NSS unit and Eco Club introduce the Officials from Bihdia BPHC, Kamrup, Assam and it followed fruitful discussion awareness and to do's for the girl students. Here, the participants are from the nearby feeder schools of Pub Kamrup College. Number of participants was 41.



Training on Self Defence for Girls

Three Months Training Course on Self Defence for Girls A three month training course on self defence for girl students of Pub Kamrup College was organised by IQAC, Pub Kamrup College starting from 22/02/2024. A renowned physical instructor Miss Manisha Das (Taekwondo, Black Belt) instructed the students about the need and significance of self defence among the students. She trained the students with regard to different poses, techniques, mental alertness, physical strength in the programme. The programme was successful with 35 numbers of students of the college.



Report of Training Programme for Female Students on “Employability and Soft Skill Development”

Pub Kamrup College Women Cell and the Centre for Career Guidance and Training organized a six day long training programme on Employability and soft Skill Development in collaboration with Mahindra pride Class room of Nandi Foundation. The programme was run with effect from 22nd august 2023 to 27th August, 2023. A total of 43 students participated in this event. From this program the girls students learnt the skills and guidance required for getting employment and to empower with practical knowledge.

Attendance Sheet
TRAINING PROGRAMME FOR FEMALE STUDENTS
On
Employability and Soft Skill Development
Under
Mahindra Pride Classroom of Nandi Foundation
Organized by
Centre for Career Guidance and Training & Women Cell, Pub Kamrup College

Sl. No.	Name	Programme	Fee	Attendance	22-08-23	23-08-23	24-08-23	25-08-23	26-08-23	27-08-23
1	Hira Anand	B.Sc	500	100%	Present	Present	Present	Present	Present	Present
2	Bhishma Barua	B.Sc	500	100%	Present	Present	Present	Present	Present	Present
3	Pranshu Barua	B.Sc	500	100%	Present	Present	Present	Present	Present	Present
4	Indu Barua	B.Sc	500	100%	Present	Present	Present	Present	Present	Present
5	Pooja Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
6	Shrestha Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
7	Shreya Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
8	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
9	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
10	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
11	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
12	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present



13	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
14	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
15	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
16	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
17	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
18	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
19	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
20	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
21	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
22	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
23	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
24	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
25	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
26	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
27	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
28	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
29	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
30	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
31	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
32	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
33	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present

34	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
35	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
36	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
37	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
38	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
39	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
40	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
41	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
42	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present
43	Prachi Das	B.A	500	100%	Present	Present	Present	Present	Present	Present

Signature of Programme Coordinator



recame - Shot by Adrija

Volleyball Coaching to Girls' students

Pub Kamrup College signed an MOU with the Royal Volleyball Training Centre, Baihata Chariali to provide coaching basically to female students of the College along with neighbouring educational institutions. At present, Pub Kamrup College has been providing coach to around 60 girls students in its playground. As a landmark of this MOU, a Student named Prasturti Sarma has been selected for School National Volleyball Girls Game Under-17.



Pub Kamrup College, Assam, India, signed Volleyball Training
 Centre, Royal Volleyball Training Centre, Baihata Chariali, Assam, India, August 2024.

Under-17 Girls

S.NO	NAME	CHEST NO	SELECTED FROM
1	BARSHA HARIHAI	227	KHEL MAHARAN
2	PAPARI BORDOLOI	202	KHEL MAHARAN
3	GEETANJALI BORDOLOI	201	KHEL MAHARAN
4	DIKSHITA BORGAI	210	BVL
5	UJASHREE BORDOLOI	245	KHEL MAHARAN
6	ANSHI HARIHAI	245	BVL
7	ANSHIMA RAHHA	215	BVL
8	BARAKHA BARGAI	254	BVL
9	PARHANA GOGOI	221	KHEL MAHARAN
10	DIKHITA TIHENGAL BORAH	226	BVL
11	RAJASRI DEKA	203	BVL
12	LUCKY SHARMA	237	BVL
13	SANTARA DEKA	213	KHEL MAHARAN
14	IMONI SINGHA	220	BVL
15	KRISTY GOGOI	214	BVL
16	NAZIA SULTANA	209	BVL
17	PRASTUTI SARMA	208	BVL
18	PRANALI DAS	229	KHEL MAHARAN

NB - The above list of players are not in order of merit.

Name & Signature of Selector

- Ganesh Sharma
- Gunajit Sharma
- Deep Gogoi
- Kaushik Hatiborah

Abhijit Bhattacharya
 Founder, BVL

