## **Report on Corona Awareness Rally**

Activity: Free distribution of Mask and Sanitizers

Date: 13 April, 2021

Venue: Nearby villages and Market Center of the college

Organized by: NSS Unit of the college

No of Participant: 150

A brief description on the programme:

A rally on corona virus awareness and free distribution of onetime use masks among local vendors was initiated by the NSS unit of the College. The few NSS volunteers of the College take part in the rally and aware the local vendors and shopkeepers about the corona virus and distributed onetime use masks among them. The local vendors and the local peoples became highly pleased on the noble drives under taken by the College.



Signature of the Programme Officer (NSS)

Pub Kamrup College

### Report on International Day Against Drug and Illicit Trafficking

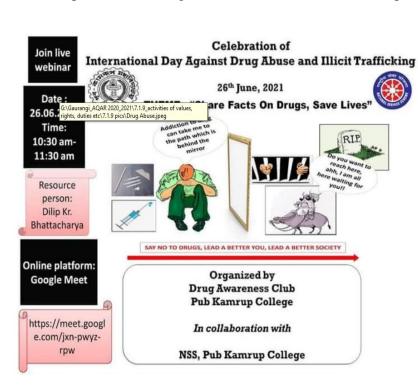
Date: 26/6/2021

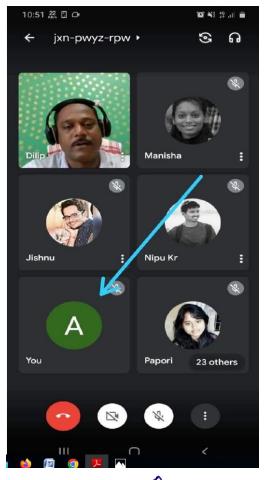
Organiser: Drug Awareness Club, Pub Kamrup College, supported by NSS cell, Gauhati

University

No. Participant: 37

A Brief Description of the Program: International Day against Drug and Illicit Trafficking, a drive against Drug and Illicit Trafficking was a program which started with a two day workshop on Drug and Illicit Trafficking at Mazgaon High School. NSS units of Rangia college, Saraighat college, and that of Pub kamrup college along with class Nine and Ten standard students were invited to the program. The program ended with a webinar to which Dilip Kumar Bhatta graced the occasion as a resource person.





Signature of the Program Officer(NSS)

Pub Kamrup College

#### Report on 7days Yoga and Pranayam Workshop

Date: 15th- 21st June, 2021

Venue: Indoor Stadium and Practice ground of the college

Organized by: NSS Unit & IQAC of the college

No of participants: 39

Invited person(s): Diganta Kalita, MLA, Kamalpur LAC

Raktima Deka Baruah, Women Probhari, Patanjali YOGA

Kendra, Baihata Chariali, Retired CDPO, Govt. of Assam

YOGA Instructor(s): Hemen Das,

Mamani Kalita

Bhaskar Deep Kashyap

#### **Description of the Program with expected Program outcome:**

Seven days workshop was organized joiontly by the NSS Unit and IQAC of the college from 15<sup>th</sup> to 21<sup>st</sup> June, 2021. As Covid-19 restriction was there, only 40 nos of participants were allowed in the workshop. Among 40 participants, one was the faculty of the college (Mrs Manisha Medhi). Three YOGA teachers from the greater locality were present for different days as resource person. The workshop was ended on 21<sup>st</sup> June, 2021, the day of International Yoga Day, where local MLA was present as chief guest of the closing ceremony.

Participants have learned a lot and written examinations was also carried out as a part of the workshop on 20<sup>th</sup> June, 2021, where maximum students showed good performance.

#### **Photos of the event:**



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Signature of IQAC Co-ordinator

Pub Kamrup College

Signature of the Programme Officer
NSS, Pub Kamrup College

# Two Day Workshop on Public Speaking Skills





# **Language Development and Public Speaking Skills**





# One Day Workshop on Mental Stress and its Management: Age and Gender Based Approach

